

My Profile

NAME: _____ Age: _____ Room: _____

Things I love and enjoy

Toys and items	Actions	People
Activities	Places and areas	Times of the day

Things I am good at

Blank space for writing things I am good at.

Things that are important to me

Blank space for writing things that are important to me.

Things I don't like or that upset me

Blank space for writing things that don't like or that upset me.

Things that help when I'm upset

Blank space for writing things that help when I'm upset.

Things you can do to support me

Toileting	Mealtimes	Rest times/Breaks
Transitions	Group sessions	Social interactions